



# Catering



Great Western Dining Service, Inc.

# Meet. Eat. Enjoy!

East Central College's Catering Services are professionally managed by Great Western Dining Service, Inc.! GWD Catering takes the stress out of meal planning for events of all kinds, from basic coffee services to outdoor events of unlimited numbers.

## Not Sure Where To Start?

Our guide is a great place to begin. We're pleased that you've decided to learn more about the catering services that we provide to both the on-site and off-site communities. It is our desire to complement your event through catering that creates a pleasant and memorable highlight for your guests. Our trained, professional staff is dedicated to providing the highest level of service. We are ready to assist you in selecting from a wide array of menu options or to create a custom menu to make your event truly unique. We look forward to working with you!

## Room Reservation Policy

Room reservations must be made through ECC, Please call 636-584-6500 with the following information:

1. Date, time and location of the function
2. Approximate number of guests
3. Name of group, billing information and phone number of group representative
4. Room set-up and audio-visual requirements
5. Tax exempt number, if applicable
6. Catering service requirements



# WELCOME TO

After you have reserved space on campus, you will need to contact the dining service office in the ECC Dining Hall at 636-584-6500 with the following information.

1. Date, time, location and approximate number of guests
2. Type of function (formal, casual, meeting, social, wedding party, etc. )
3. Desired menu selections
4. Approximate cost that you have in mind
5. Special dietary needs of guests
6. Beginning and ending time of function
7. State of Missouri Tax Exempt Certificate, if applicable

To assure that all food items that you have ordered are available, please allow ample time when scheduling your function. A week to 10 (ten) days is usually sufficient, however you should book your event as far in advance as possible.

**\* CATERING SERVICE CANNOT BE ASSURED WITH LESS THAN 72 HRS. NOTICE \***

## **Guarantees & Billing Information**

A confirmed number of guests to be served must be given no later than 72 hours preceding the event. After a guaranteed number is given, the organization sponsoring the event will be responsible for 100-percent (100%) of that guarantee. Great Western Dining will prepare up to 5-percent (5%) more food in case additional guests need to be served. If it is necessary to cancel an event, the following shall apply:

*\* 24 hours or more notice-no charge applied, except for special order items*

*\* Less than 24 hours notice-a fifty (50) percent charge of the guarantee will occur*

Groups outside of ECC will need to pay the Catering Department for 50-percent (50%) of the total before the event and the remaining amount due immediately following the event. GWD accepts checks and money orders with no additional fee. Credit card payments will be subject to a 2.5% convenience fee. If charges are to be billed; arrangements must be made at the time of confirmation of the catering function. Payment will be due in full, according to the due date listed on the invoice. Invoices not paid within 30 days may be subject to a 1.5% monthly finance charge. Remittance of payment must be made to:

*Great Western Dining Service, Inc.  
P.O. Box 699  
Tipton, MO 65081 - 0699*

Sales tax will be added to all invoices for the total of all goods and services provided. If your organization is tax exempt, your tax exempt certificate must be given to GWD at the time of confirming your catering function.

# **ECC CATERING!**

- There is a \$25.00 delivery fee for functions held off the ECC campus, up to a maximum charge of \$50.00 per day.
- A service time of two (2) hours is included in all pricing for groups of 50 or more guests. If a program is part of your event, please let us know so we can plan for it.
- Without special permission a \$20.00 minimum charge is required for catering service to be provided. Minimum does not apply to pick-up items.
- We ask that unused food items not be removed from the service area.
- Great Western Dining will not be responsible for the health of individuals who consume unused food items from catering functions.



## MORNING FARE



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## BREAKFAST SELECTIONS

*Selections are presented buffet-style and include linen-draped service tables, set-up and clean-up. Disposable serveware is also included. China, linen and plated service are also available at additional cost.*

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### THE CLASSIC CONTINENTAL

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Regular or decaf coffee  
Coffee cake

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### THE EYE OPENER

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Regular or decaf coffee  
Chilled fruit juice  
Breakfast muffins  
Seasonal sliced fruit

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### TRADITIONAL BREAKFAST BUFFET

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**Choose one (1):** Fluffy scrambled eggs or savory egg and cheese breakfast casserole

**Choose two (2):** Crisp bacon strips, sausage patties or links, OR frizzled ham

**Choose one (1):** Home fried potatoes OR hashbrowns

**Choose one (1):** Flaky buttermilk biscuits & gravy OR pancakes (*choice of buttermilk, blueberry or chocolate chip*) OR French toast with warm syrup & butter

**Choose one (1):** Biscuits with butter & jelly OR toast OR muffins

Regular and decaf coffee  
Chilled fruit juice

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### OMELET STATION

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*Upon request may be added to any of the Morning Fare breakfast menus.*

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### A LA CARTE CHOICES

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*Any a la carte items may be added to any of the Morning Fare breakfast buffets.*

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Regular or decaf coffee  
Chilled fruit juice  
Sweet roll  
Long john  
Bagel with cream cheese  
Coffee cake  
Breakfast muffins  
Seasonal sliced fruit tray  
Whole fruit  
Sausage biscuit



## SIGNATURE SALADS

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## **SALAD SELECTIONS**

*Selections are presented buffet-style and include linen-draped service tables, set-up clean-up and disposable serveware with iced tea, coffee, water and brownies or cookies for dessert. Add cup of soup for extra charge per person (chili, beef veggie, chicken rice or noodle). China, linen and plated service are also available at additional cost.*

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### **CHEF SALAD**

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Crisp garden greens  
Julienne of turkey breast & smoked ham  
American and Swiss cheeses  
Tomato wedges and cucumber slices  
Broccoli & cauliflower florets  
With ranch dressing and croutons

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### **CHILLED TACO SALAD**

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Tortilla chips topped with spicy shredded chicken or beef  
Refried beans  
Shredded lettuce and diced tomatoes  
Sliced black olives  
Shredded cheese  
Guacamole  
Sour cream and salsa

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### **CHICKEN CAESAR SALAD**

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Crisp romaine tossed with Caesar dressing  
Grilled chicken breast  
Homemade croutons  
Freshly grated Romano cheese  
Served with rolls and butter

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### **CHICKEN COBB SALAD**

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Crisp Romaine and Mesclun leaves  
Sliced herb marinated chicken  
Chopped bacon  
Sliced eggs  
Tomatoes, cucumbers and purple onion  
Feta cheese crumbles

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## SANDWICHES & WRAPS



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## SANDWICHES & WRAPS

*Selections are presented buffet-style and include linen-draped service tables, set-up and clean-up. Disposable serviceware, choice of one side, chips, iced tea or lemonade, iced water and cookies or brownies for dessert are also included. China, linen and plated service are also available at additional cost.*

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### VERY VEGGIE WRAP

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Roasted vegetables and provolone cheese wrapped in a whole wheat tortilla and choice of one side

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### CROISSANT SANDWICH

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**Choose one (1) meat:** Sliced deli meat—chicken, ham OR turkey with cheese slice, lettuce and tomato on a flaky croissant and choice of one side

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### CLASSIC HAM & CHEESE KAISER

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Thinly sliced smoked ham piled high and topped with American or Swiss cheese and choice of one side

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### ALL-AMERICAN BLT

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Crisp bacon strips, lettuce and sliced tomatoes piled high on lightly toasted white bread with mayo on the side and choice of one side

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### SOUTHWEST WRAP

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Shredded chicken, spinach, black beans, corn, sliced tomatoes and avocado dressed with a zesty jalapeno, lime and sour cream dressing, layered in a flavored flour tortilla and sliced on the diagonal, choice of one side

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### CHICKEN, HAM OR TUNA SALAD SANDWICH

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Savory fillings made with the freshest ingredients served on your choice of breads with lettuce and tomato slices garnished with crisp dill spears on the side. Served with your choice of one side *(see below)*

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## Sides & Additions

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**Choose one (1) side:** Pasta salad, potato salad, coleslaw OR baked beans

Add an additional side for \$1.85 per person.

Add a cup of soup for additional charge per person *(chili, beef veggie, chicken rice or noodle)*.



**BUILD YOUR OWN BUFFET**



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## YOUR PERSONALIZED BUFFET

*Selections are presented buffet-style. Services include linen on service tables, set up and clean up. Disposable serveware is included. Minimum of 25 people. China and full linen service are available at additional cost.*

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**ONE ENTRÉE CHOICE PRICED PER PERSON**  
**TWO ENTRÉE CHOICES PRICED PER PERSON**  
**ADD a Carved Meat for an additional charge**

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<b>Entrée Choices</b>	<b>Accompaniments</b>
Chicken breast Meatloaf Sliced glazed ham Sliced pork loin Crispy fried chicken Chicken Alfredo Chicken rice casserole Scalloped ham and potatoes Sliced turkey breast	<b>Choose one (1):</b> Wild rice Rice pilaf Mashed potatoes and gravy Candied yams Hashbrown casserole Roasted potatoes and veggies Macaroni and cheese Stuffing

<b>Carved Meats</b>	<b>Veggies</b>
Roasted breast of turkey Glazed pit ham Roasted pork loin Roasted tenderloin of beef Prime rib—(market price)	<b>Choose two (2):</b> Green beans                      Corn Baby carrots                   Garden peas Broccoli                         Cauliflower

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### **Mixed Greens with Choice of Dressing**

Ranch, French, Italian

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<b>Desserts</b>	<b>Gourmet Desserts</b>
Hot apple or cherry cobbler Sheet cake Fudge brownies Lemon bars Cookies	<b>Additional charge:</b> Chocolate layer cake Carrot cake Deep dish apple pie Lemon cake Cheese cake

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### **ADDITIONAL ITEMS AVAILABLE**

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China and full linen service  
Wait staff





## THEMED BUFFETS



## SPECIALTY BUFFETS

*Selections are presented buffet-style and include linen on buffet tables, set up and clean up and disposable serveware with iced water, iced tea or lemonade and dessert choice. Add a soup for additional charge per person (chili, beef veggie, chicken rice or noodle). China and full linen service are available at additional cost.*

Salad Buffet	Deli Sandwich
<p>Fresh mixed greens &amp; spinach Chopped turkey and ham Carrots, tomato wedges, green peppers, broccoli and cauliflower florets, shredded cheese, croutons, olives, three dressing choices <b>Two (2) prepared salads:</b> <i>(Italian pasta salad, marinated vegetables, macaroni salad, creamy coleslaw or cottage cheese)</i> <b>Two (2) sweet salads:</b> <i>(jello, fruit, Oreo fluff)</i> Rolls and butter</p>	<p>A selection of ham, turkey and roast beef Two cheeses &amp; bread tray Basket of potato chips &amp; two cold salads <i>(choice of tossed salad, potato salad, coleslaw, cottage cheese, macaroni salad or Italian pasta salad)</i> Crisp leaf lettuce, sliced tomatoes, sweet Bermuda onions, mayo and mustard</p>
Chinatown Buffet	South of the Border
<p><b>Choose two (2) entrees:</b> <i>(broccoli beef, cashew chicken, sweet &amp; sour chicken, veggie lo mien)</i> Sticky rice &amp; Egg rolls Fortune cookie for dessert <b>Add Crab Rangoon or Pot Stickers—\$2.25 pp.</b></p>	<p>Seasoned ground beef or ground turkey Hard/soft taco shells &amp; tortilla chips Refried beans &amp; Spanish rice Shredded cheese, shredded iceberg lettuce Tomatoes, green onions, black olives Salsa and sour cream</p>
All-American Cookout	Viva Italian Buffet
<p>Juicy grilled burgers and hot dogs or brats served with buns and all the fixings (mustard, ketchup, pickle relish, American cheese, lettuce, tomato, onion slices) Chips <b>Choose two (2) sides:</b> <i>(pasta salad, potato salad, coleslaw, cottage cheese or baked beans)</i></p>	<p>Crisp, freshly dressed Caesar salad with garlic croutons and Parmesan cheese <b>Choose two (2) pastas:</b> <i>(spaghetti, fettuccine, linguine, penne, rigatoni, farfalle)</i> <b>Choose two (2) sauces:</b> <i>(marinara, meat, Alfredo, creamy pesto)</i> Freshly baked breadsticks</p>
Baked Potato Bar	DESSERTS
<p>Flaky Idaho russets Diced grilled chicken Steamed broccoli florets Cheese sauce Crumbled bacon Butter &amp; sour cream</p>	<p>Hot apple or cherry cobbler Sheet cake Fudge brownies Lemon bars</p>



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## **HOT LUNCHEONS & DINNERS**

*Services include set up and clean up, a draped buffet table and disposable serviceware. All selections include a mixed greens salad, choice of dessert, iced water, iced tea or lemonade. China, linen and plated service are also available at additional cost.*

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### **POULTRY**

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#### **COUNTRY-FRIED OR OVEN-BAKED CHICKEN**

Chicken breast, cheesy potatoes, vegetable, hot rolls and butter

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#### **GRILLED CHICKEN BREAST**

With Rice, steamed vegetables, hot rolls and butter

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#### **ROASTED TURKEY BREAST**

Roasted turkey slices with savory cornbread dressing, mashed potatoes & gravy, vegetable, cranberry relish, hot rolls and butter

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#### **CHICKEN BREAST MARSALA**

Sautéed chicken breast with mushrooms deglazed with Marsala wine reduction, sautéed matchstick vegetables and warm rolls

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#### **CASHEW CHICKEN**

Tender chunks of chicken with vegetable fried rice, stir-fried vegetables, sliced fruit and a fortune cookie for dessert

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### **BEEF & PORK**

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#### **GRILLED SMOKED HAM**

Sweet potato soufflé, vegetable, hot rolls and butter

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#### **CHICKEN FRIED STEAK**

Breaded steak cutlet, mashed potatoes with cream gravy, vegetable, hot rolls and butter

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#### **HOT ROAST BEEF SANDWICH**

Tender oven-roasted beef slices on bread with mashed potatoes with brown gravy and country-style green beans

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#### **MARINATED TOP SIRLOIN STEAK**

Baked stuffed potato, green beans almandine and dinner rolls

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#### **K.C. STRIP OR RIBEYE STEAK**

An 8 oz. steak, cooked medium (light pink center) served with a baked potato, broccoli and warm rolls

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#### **PRIME RIB OF BEEF AU JUS**

An 8 oz. portion cooked medium, served with a baked potato or smashed potatoes, fresh green beans and garlic toast

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## HOT LUNCHEONS & DINNERS (continued)

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### PASTA & VEGETARIAN

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#### VEGETARIAN LASAGNA

Baked wide noodles with layers of vegetables and breadstick

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#### CHICKEN FETTUCCHINI ALFREDO

Tender chicken and fettuccini tossed with fresh cream, butter, seasonings, Romano cheese, Caesar salad and garlic breadstick

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#### STRIPED CHEESE RAVIOLI

In a tomato cream sauce, steamed vegetable and garlic breadstick

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#### BAKED PENNE PASTA W/ITALIAN SAUSAGE

Sautéed vegetable and warm breadsticks with garlic butter

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#### ITALIAN LASAGNA

Baked wide noodles layered w/spicy meat sauce with breadstick

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### SEAFOOD

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#### GARLIC SHRIMP

Over linguine with vegetable, crusty French bread and butter

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#### PARMESAN-CRUSTED TILAPIA

With 7-vegetable rice pilaf, vegetable and warm rolls

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#### ROASTED SALMON STEAK

Over braised spinach, roasted garlic, white cheddar mashed potatoes and warm rolls

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#### FRIED CATFISH

Coleslaw, hushpuppies and cornbread with sweet honey butter

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#### Desserts

White cake  
Chocolate cake  
Hot fruit cobbler  
Apple or cherry cobbler  
Lemon bars  
Fudge brownies  
Cookies

#### Gourmet Desserts

**Additional charge per person**  
Chocolate overload layer cake  
Tiramisu  
Cheesecake w/strawberry sauce  
Carrot cake

#### Additions

**Premium salads for added charge per person**  
Mixed greens w/dried cranberries, glazed pecans, gorgonzola  
Spinach & greens w/feta, strawberries, mandarin oranges, toasted almonds



## BOXED LUNCHES



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## **TO-GO BOXED MEAL SELECTIONS**

*Perfect for those meetings on the go or for sports teams traveling to and from events. Includes condiments and paper napkins.*

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### **HEALTHY CHOICE BOXED LUNCH**

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Freshly made, small tossed garden salad with choice of dressing packet, a fresh whole fruit, a crunchy granola bar and a bottled water

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### **ITALIAN HOAGIE**

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Bologna, salami, ham, Swiss and American cheeses, lettuce, tomato on a hoagie bun, chips, choice of whole fruit (apple, orange, banana), choice of soda or bottled water

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### **ALL-AMERICAN BOXED LUNCH**

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Assorted selection of sliced ham, turkey or roast beef with cheese on a freshly baked croissant or Kaiser accompanied by a bag of chips, a whole fresh fruit and choice of soda or bottled water

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### **ITALIAN CIABATTA BOXED LUNCH**

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Pepperoni, salami and ham with provolone cheese, lettuce and tomato on a soft baked ciabatta with an olive tapenade, potato chips, whole ripe apple, choice of soda or bottled water

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### **LEAN SOUTHWEST BOXED LUNCH**

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Grilled southwest chicken, fresh greens, shredded Provolone, fresh pico de gallo and mild aioli wrapped in a whole wheat flour tortilla with peppered cottage cheese, Baked Lays chips, choice of whole fruit and choice of bottled water or flavored Propel

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### **ECONOMY LUNCH**

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Two ham or turkey sandwiches with American cheese on your choice of white or whole wheat bread with potato chips, a fresh whole fruit, brownie and choice of soda or bottled water

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**Additional choices may also be made from the Sandwiches and Wraps Section.**

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## RECEPTIONS & BREAKS



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## RECEPTIONS & BREAK SELECTIONS

*Services include set up and clean up, a draped buffet table and disposable serveware.*

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### SMALL SNACK BASKET

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Includes soda or bottled water. **Choose any two (2):** *Chips, Granola bar, whole fruit, trail mix, cookies, Chex mix, popcorn*

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### LARGE SNACK BASKET

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Includes soda or bottled water. **Choose any three (3):** *Chips, Granola bar, whole fruit, trail mix, cookies, Chex mix, popcorn*

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### SNACK & RECEPTION ITEMS

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Cookies & soda	Veggie tray	Seasonal fruit tray
Cheese tray	Chips & salsa	Mixed nuts
Half sheet cake (serves 32—40)	Sparkling punch (12 servings)	

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### DESIGN YOUR OWN RECEPTION

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**Choose two (2) hot hors d'oeuvres, two (2) cold hors d'oeuvres, one (1) dessert item:**

#### ***Hot Hors-d'oeuvres:***

Wings bone-in (*plain, BBQ, buffalo*)  
Wings bone-out (*plain, BBQ, buffalo*)  
Cocktail franks  
Bacon wrapped water chestnuts  
Chicken skewer w/dipping sauce  
Meatballs (*BBQ, Swedish*)  
Stuffed mushroom caps  
Tortilla chips & nacho cheese  
Spinach artichoke dip with pita chips  
Fried mac & cheese bites  
Mini crab cakes with remoulade  
Stuffed twice baked mini potatoes

#### ***Cold Hors-d'oeuvres***

Cheese tray  
Cheese ball/crackers  
Antipasti platter or kabobs  
Deviled eggs  
Pin wheels  
Hummus & pita chips  
Fruit kabobs with yogurt dip  
Demi sandwiches  
Finger sandwiches  
Veggie tray  
Caprese skewers  
Bruschetta

#### ***Desserts***

Mini cheesecakes  
Tea cookies  
Mini brownies  
Dessert shooters  
Cupcakes  
Dipped strawberries

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### ICE CREAM SOCIAL

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Vanilla and chocolate ice cream, chocolate syrup, strawberry & caramel sauces, nuts, cherries

**With brownies, extra price per person**

**With bananas, extra price per person**

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## BEVERAGE SERVICE & BAKED SWEETS



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## BEVERAGE SERVICE & BAKED SELECTIONS

*Services include set up and clean up, a draped buffet table, cocktail napkins and disposable serveware if needed.*

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### BEVERAGE SERVICE

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Soda  
Regular & decaf coffee  
Lemonade  
Infused water  
Iced tea  
Fruit punch  
Bottled water

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### BAKED SWEETS

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Assorted gourmet cookies (*macadamia nut, double chocolate, chocolate chunk*)  
Frosted & decorated cookies  
Chewy fudge brownies  
House-baked bars (*chocolate chip, rice krispie treats, blonde brownies*)  
Gourmet house-baked bars (*cream cheese and raspberry sauce, lemon, apple crumb, turtle bars*)  
Decorated cupcakes

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### PICK-UP ITEMS

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Coffee by the gallon (*serves approximately 10*)  
Orange juice by the gallon (*serves approximately 15*)  
Fruit punch by the gallon (*serves approximately 15*)  
Iced tea by the gallon (*serves approximately 10*)  
Hot chocolate by the gallon (*serves approximately 10*)  
Muffins by the dozen (*apple, cranberry or blueberry*)  
Pastries by the dozen  
Coffee cake for 12  
Cookies by the dozen (*chocolate chip, peanut butter or sugar*)  
Gourmet cookies by the dozen (*macadamia nut, double chocolate or chocolate chunk*)  
Fudge brownies by the dozen  
Full sheet cake (*choice of chocolate or white and frosting, serves approximately 60*)  
Half sheet cake (*choice of chocolate or white and frosting, serves approximately 30*)  
Potato chips by the pound with French onion dip (*serves 10*)  
Pretzels by the pound (*serves 10*)  
Tortilla chips by the pound with salsa (*serves 10*)  
Tortilla chips by the pound with chili con queso (*serves 10*)



## PERSONALIZED SERVICE

- Before your event, helping you plan your menus, table décor and style of service;
- During your event with impeccable execution;
- After your event with a follow up comment card requesting feedback on how well we fulfilled your catering needs.

**Great  
Western  
Dining**  
*Service, Inc.*

## NOTES

Catering by  
Great Western Dining Service, Inc.  
located on the beautiful campus of  
**East Central College**  
**1964 Prairie Dell Rd.**  
**Union, MO 63084**

Great Western Dining  
(636) 584-6500  
eastcental@gwdining.net

Thank You For Allowing Us To Serve You!