LGBT Resource Center Webpage

Links & Resources

**ECC Resources**

Ally Directory

*This list contains ECC faculty and staff who have self-identified as allies who are willing to have conversations about diversity, equity, and inclusion with you. Please know that* ***everyone*** *at ECC cares about you and is committed to your safety and success regardless of whether or not their name is on this list.*

Campus Life & Leadership Office

*The Campus Life & Leadership Office (located in Donald Shook Student Center, Room 104) is a safe space for all ECC students. If you need resources, to have a conversation, or anything else, this is a space designed to help you.*

Contact: Carson Mowery, Campus Life & Leadership Coordinator

Phone: 636-584-6583

Email: Carson.Mowery@eastcentral.edu

Student Counseling Services

*As an ECC student, you have access to free, professional counseling services. Our counselors are all self-identified allies & are willing and able to discuss LGBTQ+ specific topics with you.*

Website: <https://www.eastcentral.edu/counseling/>

**Franklin County Resources**

[Franklin County Health Department](https://www.franklinmo.org/health)
Providing services to uninsured and underinsured including Women, Infants and Children supplemental nutrition program, immunizations, blood pressure screenings, STD testing, pregnancy testing, Hepatitis C testing, lead testing, and tuberculosis testing. They also provide assistance obtaining Missouri birth and death certificates, a directory of cooling locations for heat hazard relief, emergency preparedness information, and more.

[Franklin County Youth Helpline](http://www.franklincountykids.org/)
24/7 crisis interventionCall: 1-844-846-2501 or Text: 4CARE to 31658

Preferred Family Healthcare – Union
Mental health, adolescent substance abuse, LGBTQ+ supportCall: 636-584-8724

[Franklin County Housing Authority](http://www.jfcac.org/housing.html)
Public Housing, Fair Housing Complaint ReferralsCall: 636-629-6193 ext. 1404

[Planned Parenthood – St. Louis Region](http://www.plannedparenthood.org/)
Comprehensive health care and family planningCall: 800-230-7526

[PROMO](http://www.promoonline.org/)
Missouri-based LGBT advocacy, education and support

[PFLAG](http://www.pflag.org/)
For LGBTQ+ families and allies

[American Civil Liberties Union – Missouri](http://www.aclu-mo.org/)
Understand your rights, file complaints against violationsSt. Louis Office: 314-652-3111

**Phelps County Resources**

Counseling

Benton Street Counseling, LLC

Phone: Main: 573-433-2833 | Website: <https://www.bstcounseling.com/>

Address: Waynesville Office: 119 N. Benton Street, Waynesville, MO 65583 | Rolla Branch: 1030 Kingshighway, Rolla, MO 65401

Email: info@bstcounseling.com

Services Offered: They are a group of experienced therapists assisting individuals in exploring core issues and moving toward a healthy, fulfilling life. They offer individual, couples, family, and group therapy sessions to children, adolescents, adults and elders.

Their treatment areas of expertise are quite expansive and cover most major mental health diagnoses, as well as issues that arise in the wake of complex trauma (See link for more details: <https://www.bstcounseling.com/specialties/>).

They also specialize in working with LGBTQ\* individuals, as well as people with disabilities, veterans and active military, and women. Eligibility/Service Population: Children, adolescents, adults, elders, couples, and families seeking mental health support listed above.

Welcoming Congregations

Christ Episcopal Church

1000 Main Street, Rolla, MO, 65401

Phone: 573-364-1499

Website: <https://www.christepiscopalrolla.com/>

**National Resources**

**Political**

* [Equality Federation](http://www.equalityfederation.org/)
* [Human Rights Campaign (HRC)](http://hrc.org/)
* [National LGBTQ Task Force](http://www.thetaskforce.org/)
* [Victory Fund](http://www.victoryfund.org/home)

**Bisexual**

* [BIENESTAR](http://www.bienestar.org/)
* [BiNetUSA](http://www.binetusa.org/)
* [Bisexual.org](http://bisexual.org/)
* [Bisexual Resource Center](http://www.biresource.net/)

**Youth**

* [Gay, Lesbian & Straight Education Network (GLSEN)](http://glsen.org/)
* [GSA Network](http://www.gsanetwork.org/)
* [LGBTQ Student Resources & Support](http://www.accreditedschoolsonline.org/resources/lgbtq-student-support/)
* [Point Foundation](http://pointfoundation.org/)
* [Safe Schools Coalition](http://safeschoolscoalition.org/)
* [The Trevor Project](http://www.thetrevorproject.org/)

**Military**

* [The American Military Partner Association (AMDA)](http://militarypartners.org/)
* [American Veterans for Equal Rights](http://aver.us/)
* [OutServe-Service Members Legal Defense Network](http://www.outserve-sldn.org/)
* [Palm Center](http://www.palmcenter.org/)
* [Transgender American Veterans Association](http://tavausa.org/%5D)
* [Veterans for Human Rights](http://vfhr.org/index.html)

**Transgender**

* [National Center for Transgender Equality (NCTE)](http://www.nctequality.org/)
* [Sylvia Rivera Law Project](http://srlp.org/)
* [Transgender Law Center](http://www.transgenderlawcenter.org/)
* [Transgender Legal Defense & Education Fund](http://www.transgenderlegal.org/)
* [Know Your Rights: A Guide for Trans & Gender Nonconforming Students](https://www.glsen.org/sites/default/files/2020-04/070616-tgncstudentkyr_brochure.pdf)

**Aging**

* [National Resource Center for LGBT Aging](http://www.lgbtagingcenter.org/)
* [Services and Advocacy for Gay, Lesbian, Bisexual & Transgender Elders (SAGE)](http://www.sageusa.org/index.cfm)

**Legal**

* [American Civil Liberties Union (ACLU)](http://www.aclu.org/lgbt-rights)
* [Lambda Legal](http://lambdalegal.org/)
* [The LGBT Bar](http://lgbtbar.org/)
* [National Center for Lesbian Rights (NCLR)](http://www.nclrights.org/)

**General**

* [Anti-Violence Project](http://avp.org/index.php)
* [CenterLink](http://www.lgbtcenters.org/)
* [COLAGE](http://www.colage.org/)
* [GMHC](http://gmhc.org/)
* [Matthew Shepard Foundation](http://matthewshepard.org/)
* [Movement Advancement Project](http://www.lgbtmap.org/)
* [Out & Equal](http://www.outandequal.org/)
* [Parents, Families and Friends of Lesbians and Gays (PFLAG)](https://community.pflag.org/)
* [Straight for Equality](http://www.straightforequality.org/)
* [The Williams Institute](http://williamsinstitute.law.ucla.edu/)

**National Hotlines**

[The Trevor Project](http://www.thetrevorproject.org/)
(866) 488-7386
[Live Chat](http://www.thetrevorproject.org/pages/get-help-now#tc) with the Trevor Project (Fridays 4pm- 5pm EST)

[The Gay, Lesbian, Bisexual and Transgender National Hotline](http://www.glbtnationalhelpcenter.org/)
(888) 843-4564

[The LGBT National Youth Talkline](http://www.glnh.org/talkline/)
*(Youth serving youth through age 25)*
(800) 246-7743

[Crisis Text Line: 741-741](http://www.crisistextline.org/)
Crisis Text Line Serves anyone, in any type of crisis, providing access to free, 24/7 support and information via text. Simple text 741-741 from anywhere in the USA, anytime, about any type of crisis. A live, trained Crisis Counselor receives the text and responds quickly, helping you "move from a hot moment to a cool moment." Please note that this Crisis Text Line is not specific to LGBTQ+ people.

[The TransLifeline Transgender Crisis](http://www.translifeline.org/)
(877) 565-8860

[National Suicide Prevention Lifeline](http://www.suicidepreventionlifeline.org/)

*(General Community)*
1-800-273-8255 (24/7)

The National Runaway Switchboard
1-800-RUNAWAY

[LGBT Youth Line](http://www.youthline.ca/)
The Lesbian Gay Bi Trans Youth Line exists to provide service for youth, by youth that affirms the experiences and aspirations of lesbian, gay, bisexual, transsexual, transgender, 2-spirited, queer and questioning youth in Ontario. Working within an anti-oppression and anti-racist framework, we provide leadership opportunities, outreach, confidential peer support and referrals by telephone, texting and online.

**Gender Inclusive Pronoun Usage**

[A Guide to Using Pronouns](https://www.glsen.org/activity/pronouns-guide-glsen)

**AIDS Hotline**

Call **1-800**-HIV-0440 (**1-800**-448-0440)

**STD/HIV Testing**

Franklin County Health Department

(By appointment only)

400 E Locust St., Union, MO 63084

Phone: 636-583-6358

Website: [Click here](https://www.franklinmo.org/index.asp?SEC=FFA33F9A-CCBC-444A-BC73-2E6EA6EA40D2&DE=E5666E8A-A465-416A-9190-4E86E8E6602F&Type=B_BASIC)

Tri-Rivers Family Planning, Inc.

1032 B Kingshighway St., Rolla, MO 65420

Phone: 573-364-1509

Website: <https://tririversfamilyplanning.org/>

**Additional Resources**

[A Guide to Coming Out to Friends & Family](https://assets2.hrc.org/files/assets/resources/resource_guide_april_2014.pdf#__utma=149406063.517921257.1409709371.1418158536.1419002597.5&__utmb=149406063.1.10.1419002597&__utmc=149406063&__utmx=-&__utmz=149406063.1419002597.5.5.utmcsr=google%7Cutmccn=%28organic%29%7Cutmcmd=organic%7Cutmctr=%28not%20provided%29&__utmv=-&__utmk=26716199)

[A Guide to Coming Out as an LGBTQ+ Supporter](https://assets2.hrc.org/files/assets/resources/Supporter_Guide_April_2014.pdf#__utma=149406063.517921257.1409709371.1418158536.1419002597.5&__utmb=149406063.7.9.1419002660315&__utmc=149406063&__utmx=-&__utmz=149406063.1419002597.5.5.utmcsr=google%7Cutmccn=%28organic%29%7Cutmcmd=organic%7Cutmctr=%28not%20provided%29&__utmv=-&__utmk=197654)